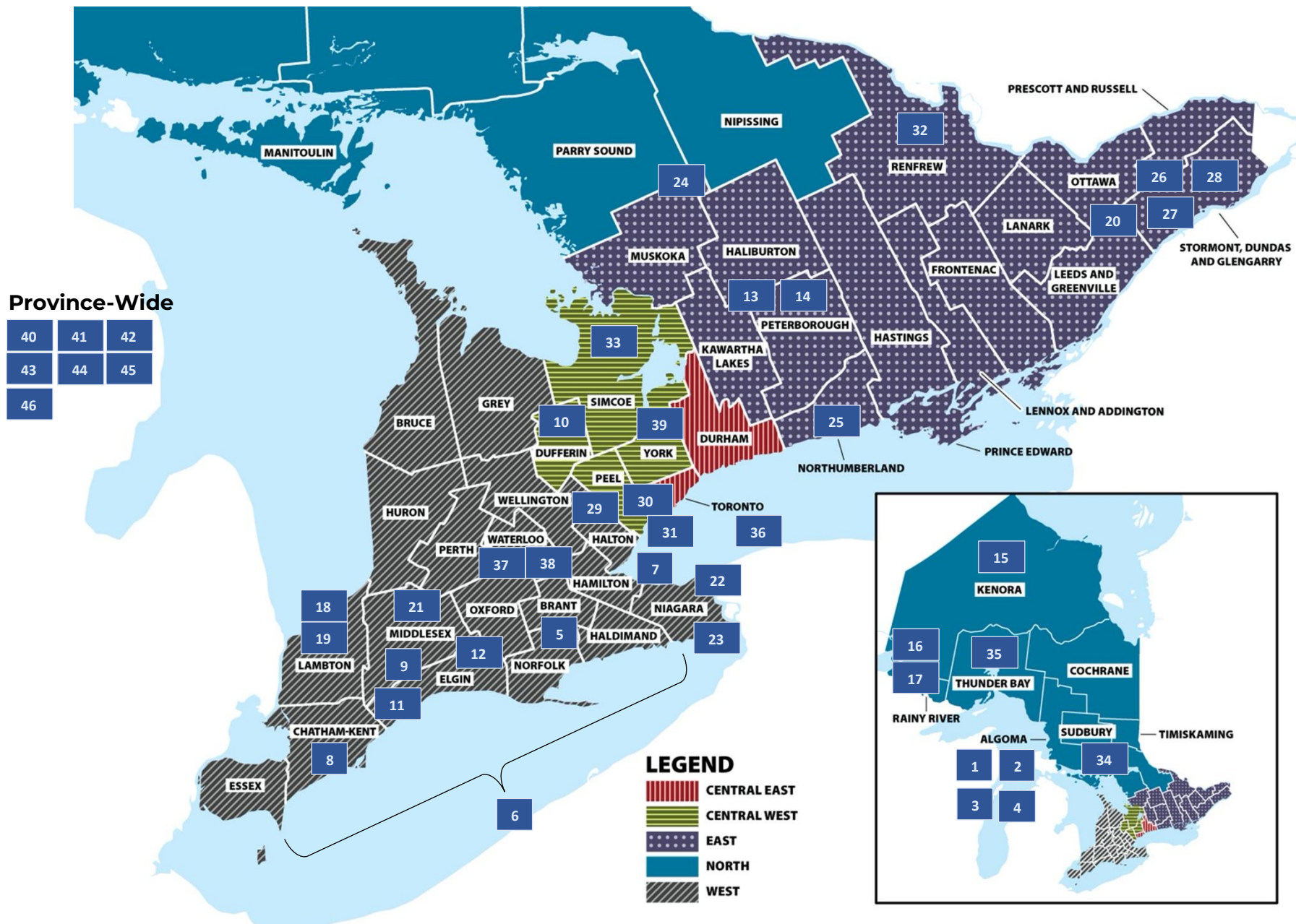


Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario



Find more information about support groups in your region by clicking on the number

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

1.	
Group Name	Algoma FASD Parent and Child Support Groups
Agency/Organization	THRIVE Child Development Centre
Location	Algoma
Group Representatives	Andree Labonte Taylor Hayward-Murray
Telephone	705-759-1131 ext. 263 705-759-1131 ext. 516
Email	alabonte@kidsthive.ca thayward-murray@kidsthive.ca
Group activities	Algoma FASD Parent Child Support Groups allows those caring for someone with FASD to come together and learn more about FASD and share their experiences with each other.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

2.	
Group Name	Family and Caregiver Indigenous Focused FASD Wellness Retreat
Agency/Organization	Algoma Family Services
Location	Algoma
Group Representative	Kimberly Cavanagh
Telephone	705-297-2805
Email	kcavanagh-dillane@algomafamilyservices.org
Group activities	An Indigenous wellness retreat for families, parents and caregivers of children and youth with FASD.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

3.

Group Name	Garden River First Nation Social Skills Group
Agency/Organization	Garden River First Nation Wellness Centre
Location	Algoma
Group Representative	Kim Duguay
Telephone	705-946-5710 ext. 273
Email	kduguay@grhc.ca
Group activities	This group of participants will be enjoying the city attractions in order to practice social skills and or life skills.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

4.	
Group Name	Sault Ste. Marie Indigenous Focused Parent and Caregiver FASD Support Group
Agency/Organization	Algoma Family Services
Location	Algoma
Group Representative	Kimberly Cavanagh
Telephone	705-297-2805
Email	kcavanagh-dillane@algomafamilyservices.org
Group activities	A support group which will incorporate Indigenous and Western wellness techniques to encourage awareness around current FASD related issues, information sharing and healing among participants.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

5.	
Group Name	Brant FASD Caregiver Support Group
Agency/Organization	Contact Brant
Location	Brant
Group Representative	Linda McFadyen Lyndsey Campbell
Telephone	519-758-8228
Email	lyndsey@contactbrant.net linda@contactbrant.net
Group activities	Peer to peer support for parents/caregivers of children and youth with or suspected of having FASD with opportunities for education on FASD, and group activities/events.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
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Funding Provided by the Government of Ontario

6.	
Group Name	Hamilton FASD Parent & Caregiver Support Group
Agency/Organization	N/A
Location	Brant, Chatham-Kent, Elgin, Essex, Halton, Hamilton, Middlesex, Niagara, Peel
Group Representative	Mark Courtepatte
Telephone	419-300-4146
Email	hamilton.fasd@gmail.com
Group activities	Our vision is to provide support to parents, caregivers and individuals with FASD so that they can achieve their best capabilities.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

7.

Group Name	Halton FASD Parent/Caregiver Support for Adults with FASD
Agency/Organization	N/A
Location	Brant, Halton, Hamilton, Middlesex, Niagara, Peel, Toronto
Group Representative	Brenda Pinkus
Telephone	905-523-9835
Email	fasdhaltonadult@gmail.com
Group activities	The group offers support & provides information/resources/education for parents & caregivers of adults 16+ with FASD or suspected to assist them with challenges they face daily.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

8.	
Group Name	Chatham-Kent FASD Support Group
Agency/Organization	Children's Treatment Centre of Chatham-Kent
Location	Chatham-Kent
Group Representative	Esther Trapp
Telephone	519-354-0520 ext. 259
Email	etrapp@ctc-ck.com
Group activities	Providing FASD caregivers and their families opportunities for growth and resilience.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

9.

Group Name	Mindfulness with Animals/Horses -Delaware, Ontario
Agency/Organization	Mindful Me
Location	Chatham-Kent, Elgin, Lambton, Middlesex, Oxford
Group Representative	Sherry-Lynne Kirschner
Telephone	519-494-5675
Email	sherkirschner@gmail.com
Group activities	A two full day mindfulness training for children ages 9-12 using horses and farm animals as facilitators to help participants lower anxiety, control anger and build meaningful relationships and improve overall emotional resiliency.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

10.

Group Name	Dufferin Caregiver Support Group (covers Dufferin Wellington and Guelph)
Agency/Organization	Dufferin Child and Family Services
Location	Dufferin
Group Representative	Tara Leskey Jennie Hilts
Telephone	519-941-1530 ext. 237 519-941-1530 ext. 386
Email	tara.leskey@dcafs.on.ca jennie.hilts@dcafs.on.ca
Group activities	Support Group for Dufferin Wellington and Guelph continues to run virtually, while in-person options are being explored to meet the needs of parents/caregivers in these regions.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

11.

Group Name	Team LOVE Family Connections London
Agency/Organization	N/A
Location	Elgin, Lambton, Middlesex, Oxford
Group Representative	Darlene Durand
Telephone	519-619-7687
Email	musictrain@execulink.com
Group activities	Families will gather together for Forest Therapy Sessions and have time and space alongside their children to experience nature, reflect and partake in a variety of invitations that will restore, rejuvenate and relax and build connection.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

12.

Group Name	London FASD Youth Group
Agency/Organization	N/A
Location	Elgin, Middlesex
Group Representative	Jessie Jones
Telephone	519-902-5377
Email	jessie@jessjonesrecreationtherapy.com
Group activities	The London FASD Youth Group supports individuals with their leisure and recreation pursuits through evidence and strengths-based approach to programming.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

13.

Group Name	Peterborough FASD Adult Support Group
Agency/Organization	Canopy Support Services
Location	Haliburton, Kawartha Lakes, Peterborough
Group Representative	Brittany Thompson
Telephone	705-927-4831
Email	bthompson@canopysupport.ca
Group activities	This group offers a safe, open space for adults with, or suspected to have FASD to feel heard, grow, and try new things.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

14.

Group Name	Peterborough, Haliburton, and City of Kawartha Lakes Caregiver Support Group
Agency/Organization	Canopy Support Services Children's Services Council
Location	Haliburton, Kawartha Lakes, Peterborough
Group Representative	Alysha Drobot Janice Balfour
Telephone	705-740-3039 705-324-3606
Email	adrobot@canopysupport.ca admin@cyisc.ca
Group activities	The purpose of this support group is to provide a safe space for caregivers with children and youth living with FASD/suspected FASD in our communities to come together, connect, and receive informative presentations.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

15.

Group Name	Healthy Generations FASD Parent Support Group - Sioux Lookout
Agency/Organization	Community Living Dryden Sioux Lookout
Location	Kenora
Group Representative	Jillian Davies
Telephone	807-223-3364 ext. 4204
Email	jill.davies@cldsl.ca
Group activities	A parent support group that comes together bi-weekly to work through struggles, share success stories and receive training.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

16.

Group Name	Kenora Rainy River District Children and Youth Support Group
Agency/Organization	FIREFLY
Location	Kenora, Rainy River
Group Representative	Alyssa Chambers Braiden Leischow
Telephone	807-597-4528 ext. 4304
Email	achambers@fireflynw.ca bleischow@fireflynw.ca
Group activities	Facilitate peer connections by connecting children and youth with FASD or suspected FASD across our diverse region.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

17.

Group Name	Sunset Country FASD Caregiver Support Group
Agency/Organization	FIREFLY
Location	Kenora, Rainy River
Group Representative	Alyssa Chambers Braiden Leischow
Telephone	807-467-5417 ext. 2335
Email	achambers@fireflynw.ca bleischow@fireflynw.ca
Group activities	A group that connects caregivers of persons with FASD across northwestern Ontario.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

18.

Group Name	A Whole Me - Support Group for Adults with FASD
Agency/Organization	Lambton County Developmental Services
Location	Lambton
Group Representative	Amy Burrows
Telephone	519-882-0933 ext. 57
Email	aburrows@lcds.on.ca
Group activities	A space for adults living with FASD to learn, grow and experience a fun but supportive environment, together.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

19.

Group Name	Sarnia-Lambton FASD Support Group
Agency/Organization	Pathways Health Centre for Children
Location	Lambton
Group Representative	Karen Holland
Telephone	519-542-3471 ext. 1304
Email	kholland@pathwayscentre.org
Group activities	The Sarnia-Lambton FASD Support Group provides FASD informed supports and services to parents/caregivers and the community through effective partnerships, community engagement, and resource sharing.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

20.

Group Name	FASD Group of Ottawa and Province of Ontario
Agency/Organization	ALBE2
Location	Lanark, Leeds and Grenville, Ottawa, Prescott and Russell, Stormont, Dundas and Glengarry
Group Representative	Michael Song
Telephone	613-761-9522 ext. 231
Email	fasd@able2.org
Group activities	This group is open to anyone over the age of 18, living in the Province of Ontario, (people with FASD or suspected FASD, caregivers, family members, friends, and professionals) who may be seeking information about FASD and/or looking for support from peers and professionals.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

21.

Group Name	A Night Out with Friends - London, Ont.
Agency/Organization	Navigating Onward
Location	Middlesex
Group Representative	Dr. Ashley Bildfell
Telephone	519-319-5321
Email	a.bildfell@navigatingonward.com
Group activities	A safe, supportive, and stigma-free environment for youth living with the effects of prenatal alcohol exposure to learn and practice an evidence-based social skills intervention and for caregivers to connect with others with the same lived experience.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

22.

Group Name	Linkages Niagara Region
Agency/Organization	Family and Children's Services (FACS), Niagara Family Counselling Ctr. (FCC), Niagara
Location	Niagara
Group Representative	Adrian McKenzie Cathy Gales
Telephone	905-937-7731 ext. 3421 905-937-7731 ext. 3535
Email	adrian.mckenzie@facsniaagara.on.ca cathy.gales@fccniagara.on.ca
Group activities	Through a small program, Foster and Kinship Support Services (FKSS), at Family Counselling Centre (FCC), Niagara, supports are offered to caregivers of children/youth with FASD. The continuum of support can be psycho-educational group, support group, individual, sharing of resources.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

23.

Group Name	Niagara Region Indigenous FASD Support Circle
Agency/Organization	De dwa da dehs nye>s Aboriginal Health Centre
Location	Niagara
Group Representative	Marcella Blanchard
Telephone	905-651-8586
Email	mblanchard@dahac.ca
Group activities	A trauma-informed, culturally-rooted circle of support for Indigenous persons with FASD and their caregivers.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

24.

Group Name	Near North Parent and Caregiver Support Group - Nipissing, Muskoka, Parry Sound
Agency/Organization	One Kids Place Children's Treatment Centre
Location	Nipissing, Parry Sound, Muskoka
Group Representative	Laurie Braidwood
Telephone	705-476-5437 ext. 3834
Email	laurieb@onekidsplace.ca
Group activities	Our group provides a safe space to support family stability, wellbeing and, a sense of community through supportive engagement while also providing education and resources.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

25.

Group Name	Northumberland FASD Caregiver Support Group (Cobourg and area)
Agency/Organization	Rebound Child & Youth Services Inc.
Location	Northumberland
Group Representative	Carol Beauchamp
Telephone	905-372-0007
Email	cbeauchamp@rcys.ca
Group activities	A caregiver support group for parents and caregivers of children or youth with FASD diagnosed or suspected.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

26.

Group Name	ABLE2 Caregiver Book Club Ottawa, Stormont Dundas and Glengarry and Prescott Russell
Agency/Organization	ALBE2
Location	Ottawa, Prescott and Russell, Stormont, Dundas and Glengarry
Group Representative	Michael Song
Telephone	613-761-9522 ext. 231
Email	fasd@able2.org
Group activities	A book club for the caregivers that allows them time to read something light or educational and have discussions with each other.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

27.

Group Name	ABLE2 Virtual Art and Mental Health Youth Group, Ottawa, Stormont Dundas and Glengarry and Prescott Russell
Agency/Organization	ALBE2
Location	Ottawa, Prescott and Russell, Stormont, Dundas and Glengarry
Group Representative	Michael Song
Telephone	613-761-9522 ext. 231
Email	fasd@able2.org
Group activities	ABLE2 Virtual Art and Mental Health Youth Group, Ottawa, Stormont Dundas and Glengarry and Prescott Russell.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
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Funding Provided by the Government of Ontario

28.

Group Name	Virtual Dining - For Adults with FASD in the Ottawa area
Agency/Organization	ALBE2
Location	Ottawa, Prescott and Russell, Stormont, Dundas and Glengarry
Group Representative	Michael Song
Telephone	613-761-9522 ext. 231
Email	fasd@able2.org
Group activities	Monthly facilitated virtual support/social group, who meet while dining fostering connections between adults with FASD thereby reducing isolation and allowing for peer support and sharing of experiences.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

29.

Group Name	Change Your Way of Thinking *FASD* Support, Structure, and Well-being - Brampton, Ontario
Agency/Organization	Change Your Way of Thinking *FASD* Support, Structure, and Well-being
Location	Peel
Group Representative	Antoinette Strachan
Telephone	647-998-3449
Email	antoinette751@hotmail.com
Group activities	Our mission is to spread awareness of the importance of FASD in children and in young adults by advocating for a nurturing and strong foundation for parents and caregivers to be able to support an invisible disability that goes unnoticed and is devalued by society.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

30.

Group Name	FASD Connection Peel - Ages 5-16
Agency/Organization	N/A
Location	Peel
Group Representative	Ruth-Ann Charles
Telephone	647-648-6080
Email	ruth.charles@fasdconnection.ca
Group activities	FASD Connection Peel is a community of caregivers and educators with a mission to encourage and equip others living and supporting individuals with Fetal Alcohol Spectrum Disorder (FASD) in the Region of Peel.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

31.

Group Name	FASD Connection Peel - Ages 17+
Agency/Organization	N/A
Location	Peel
Group Representative	Ruth-Ann Charles
Telephone	647-648-6080
Email	ruth.charles@fasdconnection.ca
Group activities	FASD Connection Peel is a community of caregivers and educators with a mission to encourage and equip others living and supporting individuals with Fetal Alcohol Spectrum Disorder (FASD) in the Region of Peel.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
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Funding Provided by the Government of Ontario

32.

Group Name	FASD Support Group of Renfrew County
Agency/Organization	Family and Children's Services of Renfrew County
Location	Renfrew
Group Representative	Victoria Gillan Darcy Lacombe
Telephone	613-432-4821 ext. 3131
Email	victoria.gillan@fcsrenfrew.on.ca
Group activities	The FASD Support Group of Renfrew County provides a safe space for individuals and families to connect with other families, while continuing to learn about FASD informed approaches and services.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

33.

Group Name	Simcoe County FASD Caregiver Support Group
Agency/Organization	Catulpa Community Support Services
Location	Simcoe
Group Representative	Carolyn Walsh
Telephone	705-321-2149
Email	cwalsh@catulpa.on.ca
Group activities	This support group is intended to be a safe place where caregivers can talk about their emotions and shared circumstances with others who may know how they feel and where the caregiver will experience no judgement and have access to relevant FASD resources and information.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

34.

Group Name	Shkagamik-Kwe Sharing and Caring FASD Support Circle (Sudbury ON)
Agency/Organization	Shkagamik-Kwe Health Centre
Location	Sudbury
Group Representative	Krysta Laffrenier
Telephone	705-675-1596 ext. 204
Email	klaffrenier@skhc.ca
Group activities	This support group is for parents and caregivers of families affected by FASD to have a safe space to collectively learn new ideas and tips from other caregivers and Community Supports. The FASD Family and Caregiver Support Group at Shkagamik-Kwe Health Centre provides culturally appropriate support, education, assistance with Activities of Daily Living and opportunities for peer mentorship for Indigenous families, caregivers, children and adults living with FASD.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

35.

Group Name	Fetal Alcohol Support and Information Network (Thunder Bay Parent and Caregiver Support Group)
Agency/Organization	N/A
Location	Thunder Bay
Group Representative	Tesa Fiddler
Telephone	807-627-2219
Email	tesafiddler@gmail.com
Group activities	FASIN is a parent and caregiver support group.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

36.

Group Name	Gathering Spaces, Toronto FASD Family Support Group
Agency/Organization	Surrey Place
Location	Toronto
Group Representative	Chelsey Mikulic-Frye Courtney Farrow-Lawrence
Telephone	416-859-8896 647-355-2363
Email	chelsey.mikulic-frye@surreyplace.ca courtney.farrow-lawrence@surreyplace.ca
Group activities	FASD coordinators at Surrey Place are planning a variety of educational in-person and virtual events to honour and provide community based opportunities for children and youth with FASD, to support families on their healing journey and enable the building of friendships and connections.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

37.

Group Name	Waterloo Region FASD Action Group - Adolescent Support Group
Agency/Organization	Lutherwood
Location	Waterloo
Group Representative	Rob MacDonald
Telephone	519-504-0695
Email	rmacdonald@lutherwood.ca
Group activities	2 x 6 weekly support group sessions for adolescents (12-17 years old) with FASD to be co-facilitated by a service provider and a former group participant (adolescent or young adults with a FASD diagnosis).

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
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Funding Provided by the Government of Ontario

38.

Group Name	Waterloo Region FASD Action Group - Parent/Caregiver Support Group
Agency/Organization	Lutherwood
Location	Waterloo
Group Representative	Rob MacDonald
Telephone	519-504-0695
Email	rmacdonald@lutherwood.ca
Group activities	Virtual support group that is co-facilitated by a Service Provider and Parents/Caregivers of children (0-18 years of age) with a diagnosis of FASD.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

39.

Group Name	York Region Caregiver Support Group
Agency/Organization	Catulpa Community Support Services
Location	York
Group Representative	Carolyn Walsh
Telephone	705-321-2149
Email	cwalsh@catulpa.on.ca
Group activities	This support group is intended to be a safe place where caregivers can talk about their emotions and shared circumstances with others who may know how they feel and where the caregiver will experience no judgement and have access to relevant FASD resources and information.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

40.

Group Name	A night or afternoon with Family and Friends
Agency/Organization	N/A
Location	Province-wide
Group Representative	Tanya Northcott
Telephone	613-407-7903
Email	teatuk24@yahoo.com
Group activities	An educational and supportive online environment for people who love and support individuals with complex mental health, learning, emotional and behavioural challenges.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
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Funding Provided by the Government of Ontario

41.

Group Name	FASD & Me: Strengthening Educational Supports for Ontario's Students with FASD
Agency/Organization	Adopt4Life
Location	Province-wide
Group Representative	Julie Despaties
Telephone	1-888-274-6222
Email	julie@adopt4life.com
Group activities	This project will use the FASD & Me: Strengthening My Community resource materials to build awareness, collaboration and support among Ontario educators and their students with FASD (or possible FASD), to improve students' educational outcomes.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
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Funding Provided by the Government of Ontario

42.

Group Name	Middlesex County FASD Support Group - Mindful Me
Agency/Organization	Sherry-Lynne Kirschner 1
Location	Province-wide
Group Representative	Sherry-Lynne Kirschner
Telephone	519-494-5675
Email	sherkirschner@gmail.com
Group activities	"Mindfulness Training with Marvin the Mindful Marmot"-is a highly engaging 6 week online course for children and families that uses storybooks to teach emotional regulation skills and foster positive mental health.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

43.

Group Name	Never Too Late Ontario Virtual Support Group - For Permanency Families Navigating FASD & Emotional Dysregulation
Agency/Organization	Never Too Late at the Adoption Council of Ontario
Location	Province-wide
Group Representative	Aviva Zukerman
Telephone	647-924-0239
Email	aviva.zukerman@adoptontario.ca
Group activities	We support permanency parents including kinship and customary care, who welcome youth aged 15+ with experience of child welfare, many of whom are navigating FASD and emotional dysregulation.

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
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Funding Provided by the Government of Ontario

44.	
Group Name	Parents Helping Parents FASD Ontario (PHPO)
Agency/Organization	Parents Helping Parents FASD Ontario (PHPO) (Previously known as Toronto FASD Network)
Location	Province-wide
Group Representative	Maureen Flynn
Telephone	289-200-3431
Email	PHPP2021@gmail.com
Group activities	<p>1. Non-affected Siblings Group: A virtual, safe and welcoming space for siblings of all ages across Ontario to share their experiences and be supported by each other.</p> <p>2. PHPO: Peer mentoring support resource for parents and caregivers of those affected by FASD across Ontario.</p>

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
Funded Group List 2022-23



Funding Provided by the Government of Ontario

45.

Group Name	Team LOVE Circle of Hope London
Agency/Organization	N/A
Location	Province-wide
Group Representative	Darlene Durand
Telephone	519-619-7687
Email	musictrain@execulink.com
Group activities	Team Love Circle of Hope Online Community - Exploring Therapeutic Recreation for Caregiver Wellness

Fetal Alcohol Spectrum Disorder (FASD)
 Family/Caregiver Support Group
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Funding Provided by the Government of Ontario

46.

Group Name	Windsor-Essex FASD support group
Agency/Organization	Hotel-Dieu Grace Healthcare
Location	Province-wide
Group Representative	Sarah Yang
Telephone	519-257-5215 ext. 74012
Email	sarah.yang@hdgh.org
Group activities	The Windsor-Essex FASD support group is for caregivers of children, youth & adults with FASD which aims to provide emotional support & educational workshops.