

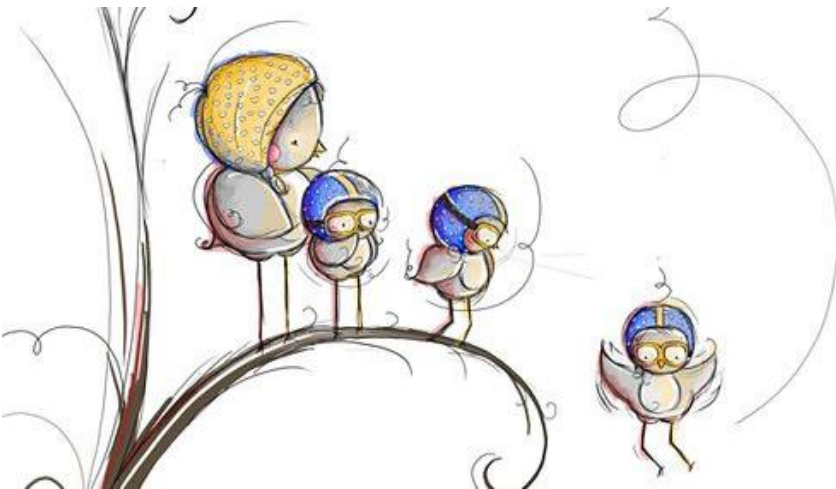
# UNPREDICTABLE ADOLESCENCE: FASD CAREGIVER GROUP

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FOR CAREGIVERS  
OF CHILDREN  
AGED 13-18

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Feb. 21, March 7, 21, April 4, 18,  
May 2, 2022  
7:00-8:30 p.m. via Zoom  
Cost: \$240.00 / 6 sessions



Ages 13-18 can be extra challenging for people with FASD and their families. Our loved ones are usually much younger than their peers developmentally and often struggle with school and peer relationships. Teens are also busy trying to push away from family as they sort through their task of becoming adults. Too often this results in social isolation and problem behaviors. Parenting through this stage can be uniquely difficult and fraught with risks and hurdles which can leave parents feeling overwhelmed.

This group will create a supportive space to share real experiences, relationship, and laughter. Attendees at this six-part series will benefit from counselling and mentorship for outside-the-box ideas to smooth the adolescent stage.

## Group Facilitators

**Tanya Eichler, MCP, QRP**  
Psychotherapist & Consultant

**Nancy Lockwood**  
FASD Consultant & Educator

### **Registration:**

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