



NEW Ontario Senior Caregiver Action Network: A Group for Seniors Supporting Adult Children with Fetal Alcohol Spectrum Disorder (FASD)

Senior caregivers of adults with FASD face many unique challenges, including worries about the future of our loved ones and a lack of resources and support from people who understand the complexities of FASD across the lifespan. These seven monthly meetings will offer opportunities for facilitated discussion, peer mentoring, and sharing of outside-the-box ideas and will assist the organizers with development of a resource guide for senior caregivers.

Group facilitators: Angela Geddes, Clinical Social Worker
Nancy Lockwood, FASD Consultant

Are you supporting
an adult with FASD?
Do you identify as a
senior?

Join us for monthly
meetings on Zoom for
facilitated discussions,
information sharing and
peer support.

No cost / spaces limited

Meetings:

Wednesdays from
Noon-1:30 p.m.

Sept. 22, 2021

Oct. 20, 2021

Nov. 17, 2021

Dec. 15, 2021

Jan. 19, 2022

Feb. 16, 2022

March 16, 2022

Register:

[https://forms.gle/wfmNp8nHj
Tnc6HVt5](https://forms.gle/wfmNp8nHjTnc6HVt5)

Questions:

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